

17th Sunday of Ordinary Time

Today's Readings

First Reading : Genesis 18: 20-32
 Second Reading : Col 2: 12-14
 Gospel : Luke 11: 1-13

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Special Days This Week

Mon 25/7 St. James, Apostle
 Tue 26/7 SS. Joachim and Anne
 Fri 29/7 St. Martha
 Sat 30/7 St. Peter Chrysologus

Next Sunday's Readings

18th Sunday of Ordinary Time
 First Reading : Psalms 89: 3-6
 Second Reading : Col 3: 1-5, 9-11
 Gospel : Luke 12: 13-21




How should we pray?

There are five prayers: "Please"; "Thank you"; "I'm sorry"; "Wow"; and "Yes, I will". The words may change but, in essence, every prayer implies one or more of these attitudes: **Petition, Thanksgiving, Contrition, Praise, and Obedience.** In his book *Man's Quest for God*, Abraham

Joshua Heschel says prayer is "the invitation to God to intervene in our lives". God does – sometimes to our surprise, sometimes in ways we can't imagine, but always in a way that changes us!

In today's Gospel, Jesus taught his disciples the Our Father and in it, we hear words of praise and petition. We hear contrition: "Forgive us...as we forgive..." We hear obedience: "thy kingdom come..." and "thy will be done". Jesus goes on to say that when we pray, God will send his Spirit to guide us and give us what we need: "our daily bread..." That is why the Lord's Prayer is a model prayer for everyone.

In our prayer, we have to remember that there is often a difference between what we need and what we desire. In the movie *Shawdowhands*, C S Lewis is depicted reflecting on the nature of prayer as his wife is dying. Asked why he prayed, he responds, "I pray because I can't help myself. I pray because I'm helpless. I pray because the need flows out of me all the time, waking and sleeping. It doesn't change God; it changes me." That's the power of the Holy Spirit!



Our Father

Our Father, who art in heaven,
 hallowed be thy name.
 Thy kingdom come.
 Thy will be done on earth
 as it is in heaven.
 Give us this day our daily bread,
 and forgive us our trespasses,
 as we forgive those who trespass
 against us.
 And lead us not into temptation,
 but deliver us from evil.

Amen.

Author: Mary Katharine Deeley, sundaybulletin@liguori.org

The Voice of St Bernadette



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Parish Mission Statement

Towards SBC being a participatory church in which everyone is co-responsible for the overall care of the parish and shares in the mission of Christ.



PRIESTS OF THE PARISH	Contact
Rev Fr Eugene Chong	6737 3529
Rev Fr John B Tou	6737 8357
Rev Fr Patrick Goh	6235 3112
PARISH SECRETARY Joseph Tan	6737 3529
PASTORAL COORDINATOR Jessica Liang	6737 3529
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MASS SCHEDULE	
English	
Monday to Friday	6.30am & 6.00pm
Saturday	6.30am; Sunset Mass 6.00pm
Sunday	9.30am; 11.15am & 5.30pm

Chinese
 Sunday 8.00am

Indonesian
 2nd & 4th Sunday 3.30pm

Filipino
 2nd Sunday 1.00pm

CONFESSION SCHEDULE
Saturday 5.30pm
Sunday 7.45am, 9.00am, 10.45am & 5.00pm

PARISH CENTRE OPENING HOURS
Monday to Saturday 10.00am to 9.00pm
Sunday & Public Holiday 7.30am to 7.30pm

GIFT SHOP OPENING HOURS
Saturday: 5pm-7pm; Sunday: 9am-12pm & 5pm-7pm

CHURCH GATES CLOSING TIME
Monday to Saturday 10.30pm sharp
Sunday 10.00pm sharp

Church groups & visitors are to vacate church premises at least 30 minutes before closing time.

Week starting 24 July 2016

AT THE ADORATION ROOM

Opening Hours:

Monday to Sunday 7.00am to 10.00pm

Closed for cleaning:

Saturday 10.00am to 12.00pm

Tue 7.00pm-8.00pm	Divine Mercy
8.00pm-9.00pm	ALIFE (Young Adults)
Wed 8.00pm-10pm	Chinese Faith Comm
Thu 10.00am-12.00pm	Spanish Group
7.45pm-9.00pm	Christian Meditation
Sat 2.00pm-3.00pm	Living Stones
7.00pm-9.00pm	Chinese Taize

AT THE GROTTA

Rosary Prayer at the Grotto every Wednesday at 7.30pm.

CANTEEN

Our canteen is OPEN today. Please drop in for free coffee/tea after morning masses.



NOTICE: Parishioners and visitors to this Church and its premises are advised that CCTVs are in operation and you may be individually identified on video, in photographs or any other forms of visual representation, taken by photographers, whether authorized or official, for use in any Church publication, Church archives or any other social media form.

Parish Giving

Daughters of St. Paul

The Daughters of St. Paul will be in our parish this weekend for their annual media parish outreach with a variety of media materials such as books and DVDS to help us nourish our spiritual life.

As part of their fund-raising efforts for a new convent, the sisters will be promoting a cookbook titled "Taste of Heaven" at \$25.

Please support them!

Date: 24 July

Infant Baptism



Our next Infant Baptism takes place this August. There will be the Preparation Session for parents and godparents on the Sunday prior - 31 July.

Call the Parish Secretariat at [67373529](tel:67373529).

Preparation session: 31 July

Baptism: 7 Aug

Blessing for Couples Married in July

Happy Wedding Anniversary to all married couples! There will be a special blessing which will take place this Sunday during Mass.

Date: 24 July, 11.15am Mass

Sacrament of Confirmation Mass
Confirmation Mass for youth from Sunday School and baptised adult Catholics will be celebrated in August.

Please pray for them!

Dates: 21 Aug, 11.15am Mass



World Youth Day in Poland

Some 350 Singaporeans will be attending the international World Youth Day in Krakow this week.

Archbishop William Goh is accompanying the Singapore Archdiocesan contingent headed by the Office for Young People. The group will first travel to Czestochowa for a day of recollection led by the Archbishop and will subsequently join the Youth Arise International festival.

Please pray for them!

Date: 25-31 July

An Evening of Wine, Women and Song



Join us for an inspiring evening with Regina Chin, a great story teller who will bring the stories of Ruth, Esther, Rachel and the Maccabean

mother to life. Listen to how they drew strength from God - as we can too. Contribution: \$25 (wine and dinner).

To register, please email canatheplacetobe2013@gmail.com.

Date: 4 Aug, 7 pm

**Venue: Crossings Café, 55
Waterloo Street**

Respect for Holy Communion

Parishioners are reminded that the Eucharist is sacred. In the rare and unfortunate occasion when it is dropped, it should be picked up and consumed on the spot or returned to the priests. Please inform the wardens and communion ministers.

Catholic Nurses' Day Mass



The Catholic Nurses Guild Singapore invites all nurses in your Parish to the Nurses' Day Mass celebration. This year is special as it will include passing

through the Door Mercy after a talk on the significance, after which, there will be a dinner. Cost: \$10 (includes dinner). Call Janet Chong (93210031), Maria Chia (96610818), Doreen Tay (91093391).

Date: 7 Aug, 5pm

Venue: Church of Divine Mercy

Are You Anxious or Depressed?

Clarity Singapore is organising a three-session workshop to help you understand about your self-worth, its importance, the many ways of loving ourselves and how to change by building a new You! Cost: \$10, limited to 20 participants. Call [67577990](tel:67577990) or registration@clarity-singapore.org.

Date: 3, 17 and 24 Sep

**Venue: Blk 854 #01-3511 Yishun
Ring Road**

Verbum Dei Recollection



The Verbum Dei Missionaries are organising a Weekend Recollection for young adults (20-40 years old) - with the theme,

Walking on Water: Trust. Cost: \$300 (inclusive of meals, transport and lodging). Call [62740251](tel:62740251), email verbumdeispore@yahoo.com.sg or register via QYNr9QAodk.

Date: 10-12 Sep

Venue: Batam

Bible Course: Samuel 1 & 2

The Archdiocesan Biblical Apostolate Singapore will dedicate 14 weeks exploring Samuel 1 & 2 and it will be conducted by Msgr Ambrose Vaz. For more information/registration, email aba_secretariat@catholic.org.sg.

Date: 16 Aug - 29 Nov (every Tuesday), 9.30-11.30am

**Venue: Catholic Archdiocesan
Education Centre, 2 Highland
Road**

Silence during Mass



Parishioners are kindly reminded to maintain a reverent ambience in church especially during Mass and while others are praying. Crying babies and young children should be

brought outside the church temporarily to calm them down and when they are settled, please bring them back in again. Thank you for your understanding.

HelpLines

SPIRITUAL DIRECTION - Helps people see, accept, and live out God's will in their lives. Available by appointment. Email: CitySpDs@gmail.com

ALCOHOLICS ANONYMOUS - Help in overcoming alcoholic addiction available, every Tuesday 7.00pm. Call 9053 1764.

COUNSELLING SERVICE - Trained para-counsellors from Family Life Society offer counselling service in 10 parishes including our parish. Call 63820688 (Mon to Fri, 10.00am to 5.00pm) for appointment.