



Aging with Dignity
Since 1976

Chanukah newsletter 5780-2019

Latest updates and news from the Health and Life Enrichment Center

With the approach of Chanukah - our season of light, warmth and joy - we are happy to share with you a taste of the light that we provide in the lives of our seniors. As A.A, one of the day center members told us: **"When I see the staff at Ezrat Avot, I see the light and I feel the warmth in my heart"** Honestly, she made our day and brightened it! Testimonies like this, along with witnessing daily the major impact on our members lives, gives us the strength to continue doing all that we can to allow them to age with dignity.

It is very important for us to share these accounts with you, our partners in providing this light, so that you too may enjoy seeing the fruits of your support.

Meals on Wheels & Dry Goods



We have mixed feelings as we provide these two essential programs.

We are torn seeing that within the senior community a serious need still exists. It is also heartbreaking for us to see that most of our new members are holocaust survivors, many of whom have an academic background. We can not bear this situation where after all they have been through when they finally come to the Holy Land they find themselves again hungry and alone.

Nevertheless, it is gratifying to be able to expand our support to fulfill the numerous requests for these vital services which cover needs as basic as daily meals.

We sincerely thank all of our supporters and volunteers who allow us to make a significant impact for so many individuals.

Day Activities

Food is indeed a basic need. However, the environment and daily routine of the seniors is crucial as well. We witness this every day at the Health and Life Enrichment Center of Ezrat Avot. It is evident that not being alone and shut in at home has a major impact on their health, both physically and mentally.

"Before I joined the activities at Ezrat Avot, I had no reason to wake up in the morning. Now, not only I have a reason, I finally feel useful again! This place brought me back the joy of life."

We do all that is in our power to make sure that at least while at Ezrat Avot they can forget all their troubles and struggles and simply have a good time.



Chanukah Party

Annually we organize a special Chanukah party. Participants enjoy lectures, treats and the highlight is - the upbeat music and folk dances!

This year we will be organizing another special Chanukah party for holocaust survivors that are members of a new non-profit founded by holocaust survivors. They are in the beginning of their journey in the nonprofit world, and we are happy to be the first ones there for them.



Intergenerational - International Activity

We recently hosted a program with a very special youth group that came all the way from France! They came to cheer up our seniors, share some quality time and volunteer as well. We were impressed by their great energy and big hearts.



It is with deep regret and profound sorrow that we announce the passing of **Dr. Albert Dreisinger**. He has not only been a staunch supporter of Ezrat Avot but has provided the Senior Life Enrichment Center with the inestimable gift of our Synagogue that he named Ohel Faiga to honor the memory of his dear wife. It will continue to enrich lives and honor the Torah and his legacy well into the future.

With deep gratitude we bless the memory of this great man.

His gift was a long lasting investment. By investing in the building itself he took part in building our beloved Jerusalem. Many generations to come will benefit thanks to his care and legacy of Chessed.

May Dr. Dreisinger rest in peace.

