



**Application Form for one-on-one Spiritual Direction
with a member of Life Direction Singapore**
<http://www.lifedirectionsingapore.sg/>

Email completed form to sp.direction.sg@gmail.com

About the members of Life Direction Singapore

Life Direction Singapore (LDS) is an ecumenical community of trained spiritual directors and retreat directors to accompany those seeking spiritual growth. Among our members are religious, ordained ministers and lay persons.

The suggested stipend for spiritual direction is S\$50 per session. It allows members to cover transport cost and room charge. No one will be deprived of spiritual direction for financial reasons. Please indicate to us if you are unable to offer a stipend.

Personal Information

Salutation:

Name:

Age:

Religious Denomination:

Mobile No:

Other contactable tel no:

Email:

Please provide some background information below so we could allocate an appropriate Director to you.

Have you had spiritual direction before? Yes No

If yes, please state where, with whom, for how long and how frequently.

Please let us know briefly why you are seeking spiritual direction at this time.

What sort of spiritual direction do you seek? Regular One-off

Indicate your preferred Spiritual Director here if you have one:

(The names of our members are available at <http://www.lifedirectionsingapore.sg/directory.html>)

- I will leave you to assign a Spiritual Director to me
- I prefer a female Spiritual Director
- I prefer a male Spiritual Director

Your preferred location for meeting/s

Our members are spread out in various locations in Singapore. Below are **some** locations where meetings could take place. Meetings are not limited only to these locations but by checking the appropriate boxes below, it will help us to find a suitable Director for you.

- | | |
|--|--|
| <input type="checkbox"/> No preference | <input type="checkbox"/> Agape Village, 7A Lor 8 Toa Payoh |
| <input type="checkbox"/> Cana Catholic Centre, 55 Waterloo Street | <input type="checkbox"/> Cana@UBT, 618 Upper Bukit Timah |
| <input type="checkbox"/> FMM House of Prayer, 49 Holland Road | <input type="checkbox"/> St Bernadette's Church, 12 Zion Road |
| <input type="checkbox"/> San Damiano Spirituality Centre, 5 Bukit Batok East Ave 2 | <input type="checkbox"/> St Patrick's House, 490 East Coast Road |

Your preferred time and day for meeting/s

Some of our spiritual directors work full-time and may not be able to meet your preference.

Time

Tick one box in this column

- No preference
- Morning
- Afternoon
- Evening/Night

Day

Tick one box in this column

- No preference
- Weekdays
- Weekends only

What next after submission of this form

We will try to find you a suitable Director as soon as available. The Director will contact you in due course.

PERSONAL DATA PROTECTION ACT (PDPA)

In accordance with the PDPA, we will not share your information with others. If you wish to receive communication from us regarding our programmes (mostly via email), please tick the box here.