



**Application Form for one-on-one Spiritual Direction
with a member of Life Direction Singapore**

<http://www.lifedirectionsingapore.sg/>

Email completed form to sp.direction.sg@gmail.com

About the members of Life Direction Singapore

Life Direction Singapore (LDS) is an ecumenical community of trained spiritual directors and retreat directors to accompany those seeking spiritual growth. Among our members are religious, ordained ministers and lay persons.

The suggested stipend for spiritual direction is S\$30 per session. It allows members to cover transport cost and room charge.

Personal Information

Salutation:

Name: _____

Age: _____

Religious Denomination: _____

Mobile No: _____

Other contactable telephone no: _____

Email: _____

Please provide some background information below so we could allocate an appropriate Director to you.

Have you had spiritual direction before? Yes No

If yes, please state where, with whom, for how long and how frequently.

Please let us know briefly why you are seeking spiritual direction at this time.

What sort of spiritual direction do you seek? Regular One-off

Indicate your preferred Spiritual Director here if you have one: _____

(The names of our members are available at <http://www.lifedirectionsingapore.sg/directory.html>)

- I will leave you to assign a Spiritual Director to me
- I prefer a female Spiritual Director
- I prefer a male Spiritual Director

Your preferred location for meeting/s

Our members are spread out in various locations in Singapore. Below are **some** locations where meetings could take place. Meetings are not limited only to these locations but by checking the appropriate boxes below, it will help us to find a suitable Director for you.

- No preference
- Cana Catholic Centre, 55 Waterloo Street
- Cana@UBT, Cana, 618 Upper Bukit Timah
- St Bernadette's Church, 12 Zion Road
- San Damiano Spirituality Centre, 5 Bukit Batok East Ave 2
- St Patrick's House, 490 East Coast Road

or select by geographical locality (Singapore)

- North South East West

Your preferred time and day for meeting/s

Some of our spiritual directors work full-time and may not be able to meet your preference.

Time

Tick one box in this column

- No preference
- Morning
- Afternoon
- Evening/Night

Day

Tick one box in this column

- No preference
- Weekdays
- Weekends only

What next after submission of this form

We will try to find you a suitable Director as soon as available. The Director will contact you in due course.

PERSONAL DATA PROTECTION ACT (PDPA)

In accordance with the PDPA, we will not share your information with others. If you wish to receive communication from us regarding our programmes (mostly via email), please tick the box here.