

PRIVATE PLAN

Costa Rica and Panama Yacht Cruise Program *Puerto Caldera-Colon*

DAY	PLACE	PROGRAM
1	Puerto Caldera - Quepos (Costa Rica)	Afternoon embarkation at 15:00-16:00 in Puerto Caldera Port, Costa Rica. Welcome cocktail and departure to Quepos. Dinner and overnight at anchor in Quepos.
2	Quepos Playa Biesanz (Costa Rica)	Manuel Antonio Reserve optional morning excursion. Wet landing with our zodiacs inside the reserve of Manuel Antonio is one of the highlights of the cruise. After lunch on board, you can take the optional Forest Canopy excursion. Afternoon sailing to nearby Playa Biesanz for an afternoon swim. Forest Canopy tour excursion participants rejoin the ship in Playa Biesanz. Tropical evening on board. Late night sailing to Drake Bay. Overnight at sea.
3	Drake Bay - Golfito (Costa Rica)	Optional excursion in the Corcovado National park, a natural reserve and a tropical rainforest that occupies almost a third of the Osa Peninsula. Visitors are almost guaranteed to see some of the most incredible wildlife living in the jungles of the reserve including red-eyed tree frogs, quetzals, tapirs, harpy eagles, white-lipped peccaries, monkeys, and scarlet macaws. Swimmers can have the amazing opportunity to share. Immigration procedures at anchor in Golfito.
4	Granito de Oro - Coiba (Panama)	Midday arrival in Granito de Oro for swimming and snorkeling in a pristine environment. Deck BBQ and sailing to nearby Coiba Island, a UNESCO World Heritage Site and the largest island in Central America. Afternoon walking tour with our Ship Naturalist who will take you for a short walk to discover the local forest and animal life. Free time for swimming and snorkeling on Coiba. In the afternoon, we leave Coiba. Overnight at sea to Iguana Island.
5	Iguana Island (Panama)	Morning arrival at Iguana Island, a wildlife-rich territory, a bird-watching paradise, and key sanctuary for frigate birds. Snorkel the shallow reefs at the protected Isla Iguana Bay. Free time for swimming and snorkeling. You will see lots of colorful tropical fish, Morey Eels, Rays and even turtles swimming in the warm Pacific waters. On land you will spot crabs and iguanas. The wildlife refuge of Isla Iguana was founded in 1981 and includes over 50 hectares of land and water. The island is a snorkeling and diving paradise as it has the biggest area of well-preserved coral reefs in the Gulf of Panama with 17 different coral species, more than 350 tropical fishes and over 200 species of invertebrates.
6	Playa Muerto (Panama)	Optional excursion in the Darien National park. We are then welcomed by Embera Indians, one of the 7 indigenous groups living in Panama. They are proud and very friendly and known for their beautiful handicrafts and well preserved traditions. We return to ship for lunch and sail to Panama City and its port for yachts called Flamenco Marina.
7	Panama City (Panama)	Midnight arrival and immigration procedures. Full day optional excursion in Panama a) Gatun Lake and San Lorenzo + Canal Museum or b) Miraflores locks, Casco Viejo, and Canal Museum. Farewell Dinner and overnight in port.
8	Panama City (Panama)	Disembarkation at 9:00 am after breakfast.

PRIVATE PLAN

Costa Rica and Panama Yacht Cruise Program Colon-Puerto Caldera

DAY	PLACE	PROGRAM
1	Panama City (Panama)	Embarkation in Flamenco Marina, a yacht port in Panama, at 15:00. Welcome cocktail and dinner on board. Overnight in port.
2	Panama City (Panama)	Full day optional excursion in Panama a) Gatun Lake and San Lorenzo + Canal Museum or b) Miraflores locks, Casco Viejo, and Canal Museum.
3	Playa Muerto (Panama)	Morning optional excursion in the Darien National park. We reach Playa Muerto by tenders (wet landing) and reach an Emberra Village where we are welcomed by Emberra Indians, one of the 7 indigenous groups living in Panama. They are proud and very friendly and known for their beautiful handicrafts and well preserved traditions. We will be invited to share their lunch and dance with them. Later in the afternoon we return to the ship. Afternoon sailing to Granito de Oro. Overnight at sea.
4	Granito de Oro - Coiba (Panama)	Midday arrival in Granito de Oro for swimming and snorkeling in a pristine environment. Deck BBQ and sailing to nearby Coiba Island, a UNESCO World Heritage Site and the largest island in Central America. Afternoon walking tour with our Ship Naturalist who will take you for a short walk to discover the local forest and animal life. Free time for swimming and snorkeling on Coiba. In the afternoon, we leave Coiba and sail to Golfito. Overnight at sea.
5	Golfito - Drake Bay (Costa Rica)	We reach Golfito in the early morning for immigration procedures and our optional shore excursion in La Gamba Field Station and Piedra Blancas National Park. Late afternoon departure towards Drake Bay. Late evening arrival in Drake Bay and overnight at anchor.
6	Drake Bay - Quepos (Costa Rica)	Optional excursion in the Corcovado National Park, a natural reserve and tropical rainforest that occupies almost a third of the Osa Peninsula. Visitors are almost guaranteed to see some of the most incredible wildlife living in the jungles of the reserve including red-eyed tree frogs, quetzals, tapirs, harpy eagles, white-lipped peccaries, monkeys, and scarlet macaws. Swimmers can have the amazing opportunity to share the warm waters with marlins, dolphins, and pilot whales. Evening arrival in Quepos. Overnight at anchor.
7	Quepos -Playa Biesanz(Costa Rica)	Manuel Antonio Reserve optional morning excursion. A wet landing with our zodiacs inside the reserve of Manuel Antonio is one of the highlights of the cruise. After lunch on board, you can take the optional Forest Canopy excursion. Afternoon sailing to nearby Playa Biesanz for an afternoon swim. (Forest Canopy tour excursion participants re-join the ship in Playa Biesanz). Tropical evening on board. Late night sailing to Puerto Caldera. Overnight at sea.
8	Puerto Caldera (Costa Rica)	Disembarkation at 9:00 am after breakfast.

PRIVATE PLAN

Costa Rica and Panama Yacht Cruise Program Puerto Caldera-Colon (with Panama Canal Crossing)

DAY	PLACE	PROGRAM
1	Puerto Caldera - Quepos (Costa Rica)	Afternoon embarkation at 15:00-16:00 in Puerto Caldera Port, Costa Rica. Welcome cocktail and departure to Quepos. Dinner and overnight at anchor in Quepos.
2	Quepos Playa Biesanz (Costa Rica)	Manuel Antonio Reserve optional morning excursion. Wet landing with our zodiacs inside the reserve of Manuel Antonio is one of the highlights of the cruise. After lunch on board, you can take the optional Forest Canopy excursion. Afternoon sailing to nearby Playa Biesanz for an afternoon swim. Forest Canopy tour excursion participants rejoin the ship in Playa Biesanz. Tropical evening on board. Late night sailing to Drake Bay. Overnight at sea.
3	Drake Bay - Golfito (Costa Rica)	Optional excursion in the Corcovado National park, a natural reserve and a tropical rainforest that occupies almost a third of the Osa Peninsula. Visitors are almost guaranteed to see some of the most incredible wildlife living in the jungles of the reserve including red-eyed tree frogs, quetzals, tapirs, harpy eagles, white-lipped peccaries, monkeys, and scarlet macaws. Swimmers can have the amazing opportunity to share. Immigration procedures at anchor in Golfito.
4	Granito de Oro - Coiba (Panama)	Midday arrival in Granito de Oro for swimming and snorkeling in a pristine environment. Deck BBQ and sailing to nearby Coiba Island, a UNESCO World Heritage Site and the largest island in Central America. Afternoon walking tour with our Ship Naturalist who will take you for a short walk to discover the local forest and animal life. Free time for swimming and snorkeling on Coiba. In the afternoon, we leave Coiba. Overnight at sea to Iguana Island.
5	Iguana Island (Panama)	Morning arrival at Iguana Island, a wildlife-rich territory, a bird-watching paradise, and key sanctuary for frigate birds. Snorkel the shallow reefs at the protected Isla Iguana Bay. Free time for swimming and snorkeling. You will see lots of colorful tropical fish, Morey Eels, Rays and even turtles swimming in the warm Pacific waters. On land you will spot crabs and iguanas. The wildlife refuge of Isla Iguana was founded in 1981 and includes over 50 hectares of land and water. The island is a snorkeling and diving paradise as it has the biggest area of well-preserved coral reefs in the Gulf of Panama with 17 different coral species, more than 350 tropical fishes and over 200 species of invertebrates.
6	Playa Muerto (Panama)	Optional excursion in the Darien National park. We are then welcomed by Embera Indians, one of the 7 indigenous groups living in Panama. They are proud and very friendly and known for their beautiful handicrafts and well preserved traditions. We return to ship for lunch and sail to Panama City and its port for yachts called Flamenco Marina.
7	Panama City - Panama Canal Crossing (Panama)	Morning Optional Panama City tour. Discover the old Panama City, Casco Viejo, its architecture, cathedrals and historical buildings. We return to the ship for lunch, and the ship is positioned at the Canal entrance for the Canal transit starting at 17:00. We reach and cross the Pedro Miguel and Miraflores Locks before we enter the Gatun Lake and cross the Gatun Locks.
8	Panama City (Panama)	Disembarkation at 9:00 am after breakfast.

PRIVATE PLAN

Costa Rica and Panama Yacht Cruise Program Colon-Puerto Caldera (with Panama Canal Crossing)

DAY	PLACE	PROGRAM
1	Panama City - Panama Canal Crossing (Panama)	Embarkation at 11:00-12:00 in Colon 2000. Welcome reception and safety drill. Departure at 13:00. The ship is positioned at the Canal entrance for the Canal transit starting at 17:00. We cross the Gatun Locks and enter the Gatun Lake. Welcome dinner. Late evening, we reach and cross the Pedro Miguel and Miraflores Locks before reaching the Pacific side and Panama City in the early hours.
2	Panama City (Panama)	Early morning arrival at Flamenco Marina, Panama City. Morning Optional Panama City tour to discover the old Panama City, Casco Viejo, its architecture, cathedrals and historical buildings. Late afternoon sailing to Darien.
3	Playa Muerto (Panama)	Morning optional excursion in the Darien National park. We reach Playa Muerto by tenders (wet landing) and reach an Emberra Village where we are welcomed by Emberra Indians, one of the 7 indigenous groups living in Panama. They are proud and very friendly and known for their beautiful handicrafts and well preserved traditions. We will be invited to share their lunch and dance with them. Later in the afternoon we return to the ship. Afternoon sailing to Granito de Oro. Overnight at sea.
4	Granito de Oro - Coiba (Panama)	Midday arrival in Granito de Oro for swimming and snorkeling in a pristine environment. Deck BBQ and sailing to nearby Coiba Island, a UNESCO World Heritage Site and the largest island in Central America. Afternoon walking tour with our Ship Naturalist who will take you for a short walk to discover the local forest and animal life. Free time for swimming and snorkeling on Coiba. In the afternoon, we leave Coiba and sail to Golfito. Overnight at sea.
5	Golfito - Drake Bay (Costa Rica)	We reach Golfito in the early morning for immigration procedures and our optional shore excursion in La Gamba Field Station and Piedra Blancas National Park. Late afternoon departure towards Drake Bay. Late evening arrival in Drake Bay and overnight at anchor.
6	Drake Bay - Quepos (Costa Rica)	Optional excursion in the Corcovado National Park, a natural reserve and tropical rainforest that occupies almost a third of the Osa Peninsula. Visitors are almost guaranteed to see some of the most incredible wildlife living in the jungles of the reserve including red-eyed tree frogs, quetzals, tapirs, harpy eagles, white-lipped peccaries, monkeys, and scarlet macaws. Swimmers can have the amazing opportunity to share the warm waters with marlins, dolphins, and pilot whales. Evening arrival in Quepos. Overnight at anchor.
7	Quepos -Playa Biesanz(Costa Rica)	Manuel Antonio Reserve optional morning excursion. A wet landing with our zodiacs inside the reserve of Manuel Antonio is one of the highlights of the cruise. After lunch on board, you can take the optional Forest Canopy excursion. Afternoon sailing to nearby Playa Biesanz for an afternoon swim. (Forest Canopy tour excursion participants re-join the ship in Playa Biesanz). Tropical evening on board. Late night sailing to Puerto Caldera. Overnight at sea.
8	Puerto Caldera (Costa Rica)	Disembarkation at 9:00 am after breakfast.